

Helpful Note

Oakwood Village Prairie Ridge

April 2024

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2024 Oakwood Village Prairie Ridge Volunteer Stats

Documented
12,275.75 Hours

for

**147
Active Volunteers**

**36
are
outside
community
volunteers**

Thank you,
Oakwood
volunteers, for
being who you
are and sharing
a bit of
yourselves with
us!

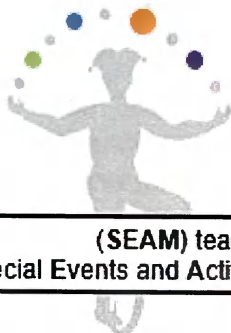
National Volunteer Appreciation 2024

Each year, Oakwood Village takes time to celebrate our volunteers during National Volunteer Week. This year National Volunteer Week is designated April 21st through April 27th. During this week, please make sure to say thank you to our generous and diligent campus volunteers. All registered volunteers are invited to our campus Volunteer Recognition Event and RSVP to Emily Lueloff.

In addition, during the Volunteer Recognition Event an Outstanding Service Award Recipient will be honored. This volunteer is recognized for the difference they have made to Oakwood and the residents. See May edition for recipient revealed.



Searching For SEAM Team Members



(SEAM) team
Special Events and Activities Monitor

● For more information contact,
Emily Lueloff.

- As part of this team your main duty will be to greet and welcome performers, presenters, and volunteer groups. You will also be trained to make sure the presentation space is ready to go. Training includes working lights and sound system.
- If you are friendly, competent, and a person that enjoys being in charge, you are a great candidate.

Volunteer Opportunities: Assisted Living



KNOLL: BUS OUTING ASSISTANT

Monday April 1st & 15th 1:00pm – 3:00pm

Assist bringing residents to main entrance to load bus, accompany along on bus, assist Life Enrichment staff as needed on bus outing, assist unloading bus, and walking residents back to household. Understanding dementia helpful but not required.

RISE: STROLLING GROUP FRIEND

Weekly Thursdays 1:15pm – 1:45pm

Assist pushing residents in wheelchairs around campus both indoors and outdoors depending on weather. Purpose of group is building relationships through socializing and getting residents around the Oakwood community. If a Life Enrichment program occurs prior/post to the Strolling Group, assist getting resident from/to that program. Requires ability to push a wheelchair.

STARTS IN APRIL

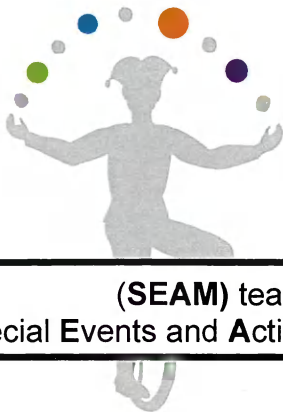


Volunteer Opportunities: Independent Living

SEAMS: RECITAL

Sunday April 7th 1:30pm – 3:30pm

Volunteer will greet recital teacher, assist with moving piano, turning on microphones and lights, and making sure room is set up for event. Volunteer does not need to stay for event but will need to come back to move piano, put away microphones, and turn off lights.



**(SEAM) team
Special Events and Activities Monitor**

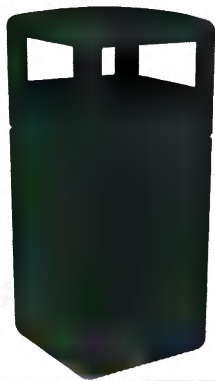
BUS OUTING: AMISH BAKERY

Saturday April 27th 8:15am till Return

Assist bus driver loading and unloading bus. This includes assisting residents and loading walkers on and off bus. The outing includes going to Dalton to Amish bakery and country store. Requires lifting and safety awareness.



Volunteer Opportunities – Around Campus



OUTDOOR: TRASH CANS

Weekly

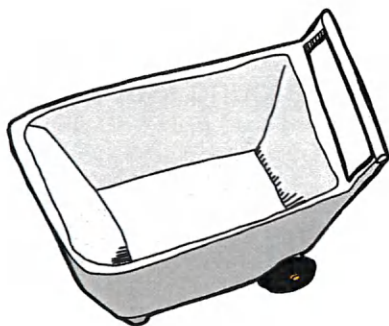
Empty all outside trash cans around campus. Facilities Services will provide a cart and bags. Requires physical demands including, walking around campus, and pushing loaded cart.

OUTDOOR: DUMPSTER TIDYING

Weekly

Clean up dock, dumpster, and step areas outside around campus. This would include sweeping up debris and depositing it in the appropriate area.

Requires physical demands of bending over, sweeping, and moving bagged debris.



INDOOR: DUMPSTER TIDYING

Weekly

Empty white trash bin in parking garages of Independent Living buildings.

Requires physical demands of walking and pushing loaded cart.

INDOOR: SWEEPING

Quarterly

Sweep out the stairwells of Health & Rehab Center, and Independent Living. This may require more time as weather and foot traffic changes. Requires physical demands of sweeping, walking steps, and bending.



CONTACT EMILY LUELOFF IF INTERESTED IN ANY OPPORTUNITIES

WE THINK YOU'RE KIND OF A

BIG DEAL!

Thanks for Volunteering With Us



A special thanks to the 16 volunteer groups/committees that made the Oakwood Village Prairie Ridge resident volunteer a success. This event was an opportunity for the varied volunteer groups/committees to promote themselves and recruit NEW volunteers. The event was held on Thursday March 14th. If you are interested in learning more about volunteer opportunities on campus reach out to Emily Lueloff.

Cycling Without Age: Rickshaws

The cycling season is approaching and planning for the bikes to get on the “open road” and for residents to “feel the wind in their hair”. **If you are interested in becoming a pilot or piloting for another year, please contact Emily Lueloff.**

The Cycling Without Age program is centered around four key principles:

1. **Slowness** – Ride and turn at a slow pace. The ride feels much faster to the passenger than the pilot, and we want passengers to enjoy the ride. Walking pace to 10 MPH is ideal.
2. **Without Age** – “I miss cycling and getting fresh air.” You give older adults the gift of this experience again, regardless of their age, physical condition, or cognitive condition.
3. **Storytelling and Relationships** – The key to Cycling Without Age is not the bike ride itself, but the interaction between pilots and their passengers. As you enjoy a leisurely ride, we encourage you to talk with your passengers, ask them questions, and tell them about yourself.

Generosity – This program would not be possible without the generosity of volunteer pilots, who give their time to make these rides possible.

